



Marriage 🏌️ 🏌️ 🏌️ *Mastering the Game*

A Better Marriages Valentine's Weekend Getaway

February 13 - 15, 2015
Marriott on the Riverwalk
Augusta, Georgia



Presented by:
The Georgia Chapter of Better Marriages



Getaway Tee Times

Friday, February 13th

- 4:00 - 7:00 PM Hotel Check-In / Getaway Registration
19th Hole Open (Hospitality Suite)
- 7:00 PM Welcome and Door Prizes
Tee Off: "Mastering the Game"
Jack and Lana Snellgrove, President Couple
- 8:15 PM Break
- 8:30 PM "Scramble!" - Meeting New Friends
- 9:30 PM On Your Own



Saturday, February 14th

- 7:45 - 8:45 AM Breakfast Buffet
- 9:00 AM The First Tee: "Opening to Change"
- 9:45 AM Break
- 10:00 AM - 12:00 PM Morning Workshops: The Front Nine
- **Introduction to Better Marriages: "Getting the Right Clubs in Your Marriage Bag" (Workshop A)**
Charles and Jenny Whaley
This class is *highly recommended* for all couples that are new to Marriage Enrichment and/or Better Marriages This workshop is an introduction to relationship principles and skills that are the hallmark of Better Marriages.
 - **Communication: "Keeping the Ball on the Fairway" (Workshop B)**
Amy and George Stewart
Marriage is played on fairways and in the rough. Come work on your couple communication skills and learn the right clubs to stay in the fairway, or quickly get out of the rough.
 - **Finances: "Taking Your Bogies to Birdies" (Workshop C)**
Dave and Luann Gilmore
****Back by popular demand!**** Regardless of how you're doing with your home finances, there's always room for improvement. Similar to golfing, there's no substitute for practice! The more you practice the straightforward, common sense approaches we'll share in this workshop, the more secure you'll feel about your overall home money management.
 - **Grief: "Life is Not Always a Hole in One" (Workshop D)**
Claire and Jim Farmer
During the course of our marriage, life can bring us grief that is difficult to overcome. Grief can be about loss of all kinds: a job, a loved one, a home, of health, of lifestyle, of financial independence, and many more. It is yearning for what we cannot have again, and yet life must continue on for us. We will discuss the nature of grief and how we might comfort and support ourselves and our spouse during these difficult times.
 - **Negotiation: "Please, Please, Please: James Brown and the Art of Negotiation" (Workshop E)**
Bonnie and Creede Hinshaw
Marriage involves daily negotiation. Recognizing and practicing healthy negotiation habits can strengthen your marriage.
 - **Re-Marriage: "Stepping Out of the Rough and onto the Fairway" (Workshop F)**
Georgeann and Rick Pharris
When step-family life gets in the rough, remaining dedicated to your commitment can be a difficult decision. We will discuss some of the tools to help make re-marriage and step-families whole and healthy when hitting out of the rough.

12:00 - 4:00 PM Lunch on your own and Couple Time to enjoy Augusta

4:00 - 6:00 PM Afternoon Workshops: The Back Nine

- **Stress: "How to Stay In Bounds" (Workshop G)**
Bill and Linda McConahey
This workshop will review the sources of stress in a marriage and introduce some less commonly recognized ones. Techniques for prevention as well as coping strategies will be presented with ample time for couple dialogue.
- **Parenting and Growing Together: "Golf? Who has time for Golf?!?" (Workshop H)**
Leigh and Zack Martin
*****Back by popular demand!***** When was the last time you had a conversation about parenting with your spouse? We know it's difficult to balance the responsibilities of raising children while maintaining a healthy marriage relationship. This workshop will help couples connect with each other by sharing strengths and growth areas in our parenting roles and responsibilities. We will also explore pathways to sharing and clarifying responsibilities of childrearing. Lastly, the workshop will help couples set goals for balancing parent time with couple time.
- **Our Differences and Similarities: "Playing Best Ball" (Workshop I)**
Cleve and Joy Kiser
When playing "Best Ball", we use the strengths of each partner to get to the best results. Personality and gender differences can strengthen a relationship, cause conflict or both. Couples will affirm the strengths of their partner and the contribution they make to a fun, intimate and affectionate relationship. Foundations for this session are the widely used *Myers-Briggs Type Indicator* and John Gottman's work, *The Seven Principles for Making Marriage Work*.
- **Forgiveness: "Giving your Partner a Mulligan" (Workshop J)**
Jean and Lee Cheese
Forgiveness in marriage can be tricky. Are you willing to give your partner a mulligan? Come join us as we explore this very sensitive topic together.
- **Happiness: "Happiness is Finding the Sweet Spot" (Workshop K)**
Roberta and Terry Heinlein
*****Back by popular demand!***** According to psychologist Shawn Achor's book, *The Happiness Advantage*, 90% of long term happiness is predicted not by the external world, but by the way we process the world. Couples will participate in five activities to promote happiness and improve success in their marriage.
- **Dialogue: "The 19th Hole - Settling in for Conversation after the Round" (Workshop L)**
Eddie and Sylvia Robertson
*****This class teaches advanced Better Marriages skills and is not necessarily recommended for couples that are new to Better Marriages***** Couple Dialogue is a hallmark of Better Marriages. Couples in the workshop will generate an agenda of topics currently important to them. Couples will participate both as dialoguing couples and as part of the supportive listening group. Couples may experience cross learning from each other and be able to ask questions about the process.

7:00 PM Valentine's Day Dinner and Dance!

Sunday, February 15th

7:45 - 8:45 AM Breakfast Buffet
9:00 AM Christian Worship Service (optional)
9:45 - 10:30 AM Finish Strong: "Celebrating Our Love"
12:00 PM Hotel Check-Out



Registration Form – Weekend Getaway 2015

February 13 - 15, 2015

You may also register and make payments ONLINE at www.BetterMarriagesGA.org

Names: (his) _____ (hers) _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Anniversary Date _____

Email Address: (his) _____ (hers) _____

Any special requests? Please explain: (i.e., Handicap Accessibility, Special Dietary needs, etc):

To help us better plan for future getaways, please answer the questions below:

Are you new to Better Marriages? Yes / No

Is this your first Getaway Weekend? Yes / No

Age Range (Please circle closest answer) Under 40 40 - 60 Over 60

How did you hear about the Getaway? _____

Registration: \$199 _____ Pay Online or _____ Check Enclosed
Registration includes all sessions and workshops, breakfast Saturday and Sunday, and dinner/dance on Saturday night.

Workshop Registration

Put "1" by your first choice and "2" by your second choice for both morning and afternoon sessions:

Morning Workshop

- A - ___ Intro to Better Marriages
- B - ___ Communication
- C - ___ Finances
- D - ___ Grief
- E - ___ Negotiation
- F - ___ Re-Marriage

Afternoon Workshop

- G - ___ Stress
- H - ___ Parenting
- I - ___ Differences and Similarities
- J - ___ Forgiveness
- K - ___ Happiness
- L - ___ Dialogue

Please Make Check Payable to:

Better Marriages Georgia

Mail check and this form to:

Brid & Tricia Igleheart
1878 Leiden Court
Dunwoody, GA 30338

You may also make your payment ONLINE at www.BetterMarriagesGA.org

We use the PayPal system. You do not have to be a member of PayPal to use this. PayPal is secure.

You will receive confirmation of your payment by email from PayPal. Better Marriages will also send you confirmation that the payment has been received.

Refund Policy:

Conference registration is accepted up to February 7th. Refunds of full registration can be returned on or before January 29th.

For cancellations from January 30th through February 6th, only a \$50 refund can be given due to meal commitments. No refunds on or after February 7th.

Hotel Information

February 13 - 15, 2015

To reserve your hotel room, make your reservations directly with the Augusta Marriott on the Riverwalk for **\$105/night** (plus tax)

Make your reservation by visiting:

<http://www.marriott.com/agsmc>

and enter group code: **BETBETA** (under Special Rates & Awards)

or call the hotel directly at (706) 722-8900 or (800) 868-5354 and ask for the "Better Marriages of Georgia" rate.

This rate is valid from February 11 - 15

Rooms at this rate are only guaranteed through February 2, 2015



Questions about the Getaway Weekend?

Contact Amy and George Stewart at (770) 668-9257 or email us at getawayinfo@bettermarriagesga.org